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Study: Penile extender found effective

TURIN

, Italy, March 6 (UPI) -- Men who wore a penile extender daily for six months increased the flaccid length of their penis by up to 32 percent, researchers in Italy said.

Researchers from San Giovanni Battista [Hospital](#) at the University of Turin in Italy suggest the treatment could provide a viable alternative to surgery, because the results were significant and patient satisfaction with the technique was high.

"Twenty-one highly motivated patients, with an average age of 47, were enrolled and 16 completed the 12-month study" urologist Dr. Paolo Gontero said in a statement.

"Having undergone psychosexual [counseling](#), to make sure that the treatment would be beneficial, the men were asked to wear the Andro-Penis device for between 4-6 hours a day for six months. The study, published in the British Journal of Urology International, also found that:

-- The men's average flaccid penile length was 2.82 inches at baseline and had increased of 32 percent to 3.72 inches in month 12.

-- The men's average stretched penile length was 3.79 inches at baseline and had increased by 18 percent to 4.45 inches in month 12.

-- No increase in penile girth was reported.

-- Average erectile function scores improved by up to 36 percent at 12 months.